

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Find My Feelings

C N F G E C Q F X J B Z R S T J K T V X Y V G T  
U O N P H O V E R W H E L M E D V T V J N V D W  
A L D A B O R E D U S U S P I C I O U S D E N D  
J K P E D I Z I Q I S Y N G R H A U U L S R D O  
Q U C G S D G C J T S T T Q O N U M B S T D W I  
R H Y U R I V R N T D G R L P G C J E L D E Y X  
X T D E R A R E S T E H U A I X I R V R O G N S  
U W F A O T D P G W M P H S T U P C W A X A O Z  
N N Y Y S I S C R S A V L N T E G S O C Z R K D  
L E Z I F M S E E U H B R A D E D S R Y N N Y B  
M P R N N S R X V G S E Q J C I D G R R B E L C  
D S O V E F C L D O A H D R C I V O I C M Y L E  
L C U H O I H L M I L E B D B L R H E W V N I R  
P T H O T U L C P D T V H N P U G E D Q L A S D  
Q S B E I K S W A S W M F N P F R R T D W N M E  
C E D T D X R N U U S H O C K E D V B S O C W F  
B M Z Y X G N A P N T A E P S P U L J X Y O G E  
Y S E F F X H A J W T I J S B O W N A W A H Q D  
L N Z S C X R R X N H B O E T H X L Z L N Z V E  
O R M M E O W J U F L D Y U A A H Y A Z G J M R  
N N Y C O N F U S E D Q S N S L T F N B R I G A  
E X B K U Y P P A H F X Y X I Z O I S C Y Q K C  
L A S L O E K S H Y E R X L F R Y U C L T F C S  
Y B K N C E M B A R R A S S E D X C S M H F K J

- |             |             |            |            |
|-------------|-------------|------------|------------|
| angry       | anxious     | ashamed    | bored      |
| cautious    | confident   | confused   | depressed  |
| disgusted   | embarrassed | enraged    | estatic    |
| excited     | exhausted   | frustrated | guilty     |
| happy       | hopeful     | hysterical | jealous    |
| lonely      | lovestruck  | nervous    | numb       |
| overwhelmed | sad         | scared     | shocked    |
| shy         | silly       | surprised  | suspicious |
| worried     |             |            |            |